

# INCUBATION - B VIBRANT

## Acts 2:42

[\[YouTube Link\]](#)

Our plan for ministry says: We will be an Acts 2:42 people.

42 “They devoted themselves to the apostles’ teaching and fellowship, to the breaking of bread and the prayers.”

### TO THE APOSTLES’ TEACHING AND FELLOWSHIP

To be devoted to the apostles’ teaching and fellowship they had to be in relationship. Devotion and commitment do not happen in isolation. And neither does fellowship. They are relational.

Who we surround ourselves with matters. In our culture relationship often lack depth. The Christian life calls us to be in deep and meaningful relationships. Such relationships are consequential and meaningful.

Pause and name within yourself 3 people with whom you can have consequential and meaningful conversations.

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Give thanks for those 3 people. Create an occasion – a coffee or a call – and have meaningful and consequential conversation. That is true fellowship.

### TO THE BREAKING OF BREAD

It points to the eucharistic feast. The Lord’s Table. This is the feast of victory for our Alleluia. Alleluia. When we eat with people we are truly with them. We are fully present. It’s easy in this culture to go through the motions and not be fully present. Our discipleship calls us to be fully present.

Pause for a moment and name someone for whom you need to be more present. Connect with that person. Be fully present to them.

### TO THE PRAYERS

To be a disciple of Christ is to be devoted to prayer, to scriptural study, and to the liturgical life of Christian community. Our prayer lives matter. Usually, we have too many words. Silence is prayer. Joining with others in liturgy and song. That is prayer. Worship attendance matters. When we sing, when we pray, when recite the liturgy.

That is the way the Church breaths deeply. Pause. Pray. Breathe. Pray. Breathe. Pause. Pray. That is the life of discipleship. Be Vibrant disciples. Be Vibrant.